

April is Occupational therapy month!





Occupational therapists use play and daily routines to help children and their families increase participation in daily occupations.

These occupations include: dressing, eating, playing, attending school, social participation, cutting, drawing, sensory processing, and more!



Sensory processing is how your child perceives the environment around them. This includes sounds, things they see, smells, tastes, movements, and body awareness in space. OT will help your child learn more about how they process sensory information!



Fine motor skills include drawing, pinching, buttoning, zipping, grasping, and manipulating small items. OT will work on building fine motor strength and coordination through play!



Visual motor skills include stacking blocks, completing puzzles, cutting, stringing beads, and more! OT will enhance these skills in a fun way.



Self help skills include getting dressed, tying shoes, bathing, eating, and using the toilet. Your child's OT will work with you to increase independence and success in self help through play!



We appreciate all the hard work our therapists do to support our families!
Thank you Emily, Hope, and Tori for everything you do at Pediatric Learning Center!